

Implanon NXT Procedure

Your doctor has requested that you book in for an Implanon procedure. This is a medical procedure performed by your doctor.

The Implanon NXT is a small flexible rod or bar that is inserted just under the skin on the upper inside of your arm. The rod contains the progestogen hormone and is used to prevent pregnancy. The hormone is slowly released over 3 years and is like the natural hormone which is made by the body. The procedures that we perform in the practice are;

- The **insertion** of a new Implanon NXT implant. Which is done within 5 days of starting your period or at any other time after a negative pregnancy test.
- The **removal** of the Implanon NXT implant
- **Implanon replacement** which involves removing the old implant and inserting a new implant in the same procedure to offer continuous birth control.

The type of procedure you are booking in for will depend on your health and contraceptive needs following a discussion with your doctor. Your doctor will provide you with a prescription that you should fill at the pharmacy and bring with you on the day to your appointment when the Implanon NXT is being inserted.

So, what will happen on the day?

On the day the nurse and doctor will confirm any allergies, specifically to betadine, local anesthetics, adrenaline and dressings.

After cleaning the skin and creating a sterile barrier the doctor will numb the area in preparation for inserting/removing/replacing the Implanon. In most cases stitches are not required, but you will be informed if they are required and when to return for removal.

Aftercare at home

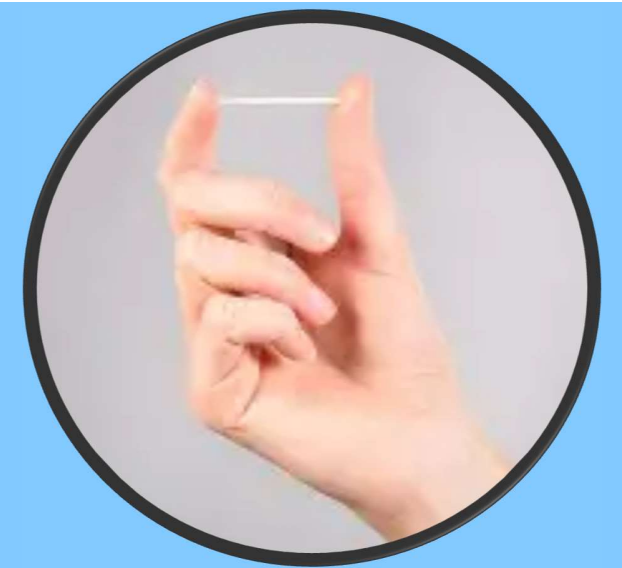
At the end of your procedure the wound will be covered with a waterproof dressing and a bandage to help minimize bruising and swelling at the surgical site. The bandage should be left in place for 24 hours then it can be removed. The waterproof dressing should be left in place for 3-4 days to prevent any germs entering the site while it is healing.

Signs of infection to watch out for are redness, swelling, warmth at the site, increased pain and yellow colored ooze. Please contact the medical center's practice nurse if you have any concerns.

Please refer to our most up to date fee schedules.

Please note all three procedures will attract a \$120.00 practice procedural levy on the day. The fee that is non-rebateable from Medicare.

Your Implanon will need to be removed/replaced 3 years after insertion, as it will no longer offer effective contraception. Your nurse or doctor will send you a reminder when this needs to be done.



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Patient Information