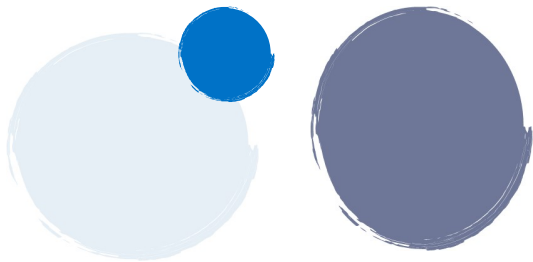


Ingrown Toenail Removal

Your doctor has requested that you book in to have your ingrown toenail removed. This is a medical procedure that involves removing either a small portion of the nail on either one or both sides of the nail.

So, what is an ingrown toenail?

An ingrown toenail occurs when the corner or the side of the nail grows into the soft flesh of the toe leading to pain, redness, swelling and sometimes infection.



So, what will happen on the day?

On the day the nurse and doctor will confirm any allergies, specifically to betadine, local anesthetics, and dressings.

After cleaning the skin and creating a sterile barrier the doctor will numb the area with local anaesthetic and remove either a small portion of the nail from one or both sides of the toenail. After removal the doctor will apply a solution that cauterises and helps to reduce the chance of the nail from re-growing from where it has been removed.

Your toe will be covered with a breathable dressing and a tight bandage. You may need to bring alternative footwear with more space to accommodate the large bandage and may require someone else to drive you home following your procedure.

Aftercare at home

You will need to keep the dressing and your toe dry until you are reviewed by the nurse and the doctor to the following day after your procedure, to prevent infection as the dressing is not waterproof. You will need to rest up after you have had your ingrown toenail removed and elevate your foot as much as possible over the next 3-5 days.

Signs of infection to watch out for are redness, swelling, warmth at the site, and increased pain. Please contact the medical centre's practice nurse if you have any concerns.

The bandage on your toe will be very tight following the procedure to reduce bleeding. You must carefully loosen the tight bandage on your toe later in the day as directed by the nurse or doctor but taking care to leave it in place to protect it from being bumped.

Please refer to our most up to date fee schedules for this procedure.

A non-rebateable practice procedural levy of \$120.00 on the day.



Ingrown Toenail

Removal (IGT)

Patient Information



**TRINITY CARE
FAMILY PRACTICE**